

Inside  *Out*

with Courtney

"Out with the Old & In with the New *You!*"

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"Out with the Old & In with the New *You!*"

Vision Kit for 2018

Welcome!

For starters...

Pray...Prayer will be the very first thing that you need to do, *before* you get started with writing everything down and working on the creative elements of your vision. Simply because communication with God as you do what He has called you to do will be crucial for success throughout the year.

Fasting – This is not a direct command, rule, or demand, but I believe it could be helpful if you did fast as you jumpstart 2018. Jesus fasted before He started His ministry. He set aside precious time to spend with His Father for 40 days and 40 nights before taking on huge responsibilities and His purpose of going to the cross. Also, Nehemiah fasted and prayed when he had the burden to rebuild the wall for his people. Nehemiah 1:4 says, "...When I heard this, I sat down, fasted, and prayed to the God of heaven." He was asking for supernatural help to accomplish the burden that was on his heart to do. And God granted his request to rebuild. Amen!

So here are a few options for *fasting* (optional)...

- ½ day fast. Skip a meal (breakfast, lunch, or dinner) and pray and read the Bible during that time. Talk to God about the vision that He has given you.
- 6am-6pm – Water and juice, and prayer
- Full Day – 6am-6am: Water and juice, and prayer

NOTE: If you have any health issues, talk to your doctor before you begin your fast.

*One of my favorite verses when doing God's will is found in Proverbs 16:3, "Commit your actions to the Lord, and your plans will succeed." Hold onto this one!

Okay, let's move on...

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Worksheet 1

1.) What is your Vision for 2018?

2.) When are you going to make time to write it out? Date and time here.

3.) Write down 5 things that you need to START working on in the New Year?

- 1.) _____
- 2.) _____
- 3.) _____
- 4.) _____
- 5.) _____

4.) What will be a good time in your day to implement your devotional time? Write your preference here and try to stick to it (I know seasons change. Yet, have a good starting point).

Morning _____

Lunch _____

Evening _____

5.) What is your Scripture for 2018? (Choose a Scripture for 2018) This will help encourage you throughout the year. You can place it around you in different places. For instance, your purse, mirror, drawer, inside your car, your office, refrigerator, on your vision board, etc. What is your verse?

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Worksheet 2

*Write out 3 Goals for 2018 in each section.

Spiritual Goals

- 1.) _____
- 2.) _____
- 3.) _____

Ministry Goals

- 1.) _____
- 2.) _____
- 3.) _____

Business/Job Goals

- 1.) _____
- 2.) _____
- 3.) _____

Physical Goals

- 1.) _____
- 2.) _____
- 3.) _____

Personal Goals

- 1.) _____
- 2.) _____
- 3.) _____

Additional Goals:

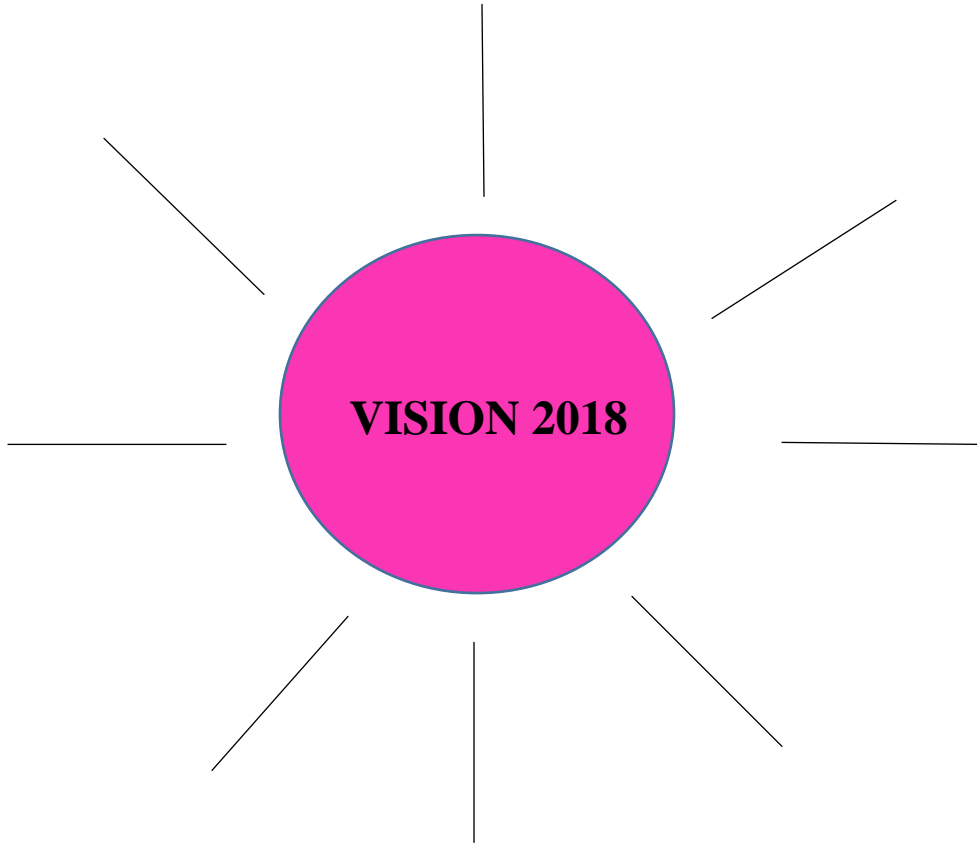
- 1.) _____
- 2.) _____
- 3.) _____

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Worksheet 3

“Think & Write” Brainstorming Exercise

(Write down everything that comes to mind as it relates to your vision. Have FUN with this one!)



Additional Ideas

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Worksheet 4

“Take Action” Exercise

In this section of the Vision Kit, this is where you are going to actually create an action plan for all of the ideas that you have written from the “Brainstorming Exercise” in Worksheet 3. It’s time to figure out what you are going to do to get things moving in 2018. Ready?

*For example: ____ **Create a blog** ____

Action Step: **Write it Wednesday, January 10th, 2018 so that the first post will be ready to go out Wednesday, January 17, 2018.**

1.) _____

Action Step:

2.) _____

Action Step:

3.) _____

Action Step:

4.) _____

Action Step:

5.) _____

Action Step:

6.) _____

Action Step:

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Worksheet 5

“Block Your Time” Exercise

This is the exercise where you are going to block your time in your day to get things checked off. You and God know what you need to accomplish to be productive and successful this year, and a schedule needs to be included. Here’s an example...

Date: Monday, January 8, 2018

5am – 6:30am – Start Devotion (prayer, reading the Word, studying a book of the Bible, etc.)

6:45am-8:30am – Get kids ready and out of the house for school

8:45am-9:30am – Respond to emails

9:45am - 10:45 – Work on email blasts

11am – 12pm – Write blog for the week

12pm-1pm – Lunch time

1:05pm – 2:05pm – Write article for magazine

2:15pm – 3:15pm – Schedule social media posts

3:15pm – 4:30pm – Pick up Kids and run errands

5pm – 6pm – Dinner

6:15pm – 7:15pm – Straighten up house

7:30pm – 8:30pm – Read a little, prepare schedule for the next day

8:30-9pm – Prepare kids for bed (story or brief devotional & prayer)

9:05pm – 10pm – That’s it! The day is over! Relaxing

***Get it, sis? Create your schedule for the rest of the day today or tomorrow, and check it off when each thing is done. It works! This is how you block your time.**

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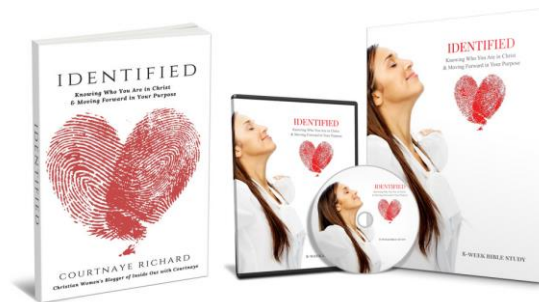
“10 Creative Vision Ideas”

- 1.) Create a vision board (post pictures to it, Scriptures, quotes, personal encouragement and affirmations, ideas, etc. – also check out Pintrest for more vision board layouts).
- 2.) Purchase a cute notebook and write down all of your ideas throughout the year in your new “Vision” book. Buy it today and start now! ;-)
- 3.) Host a Vision Party at your house and invite some friends over (research ideas online).
- 4.) Buy a flip chart (a big one from Office Depot) and be creative with markers to draft a plan on each page. It’s really great to come back to see what you’ve actually done.
- 5.) Scrapbook it! Make a Vision Scrapbook (with the same suggestions from #1).
- 6.) Make a Sticky Board – Just have fun with this one! Buy some sticky notes and start writing down ideas or things that you know need to get done and then stick it! Then, once you complete each new task, throw that sticky away! Talk about productivity!
- 7.) Write out 3 FUN things that you would like to do in 2018 and do it! What are they?
 - 1.) _____
 - 2.) _____
 - 3.) _____
- 8.) Create some deadline to get things checked off for your vision.
- 9.) Write your Vision Statement for 2018.
- 10.) Write down your top 5 priorities for each day and get things completed.

Vision Kit for 2018

Resources

- Recommended Book, “Visioneering: God’s Blueprint for Developing & Maintaining Vision” by Andy Stanley
- Book: “Discover Your God-Given Gifts” by Don & Katie Fortune
- Book: “The Everyday Visionary: Focus Your Thoughts, Change Your Life” by Jesse Duplantis
- Book: “The Favor of God” by Jerry Savelle
- Book: “Becoming a Vessel God Can Use” by Donna Partow
- Article for Hope for Women Magazine (see next page)
- Resource: Success Coach, Marilyn Powell, Success InSight. Visit www.marilynepowell.com. This woman will get you SUPER organized and motivated to do what you have been called to do! Visit her website or email her directly with your organizational needs @ marilynepowell@gmail.com. She also has a book for kids as well entitled, “Kids Can Be Successful Too!” Check her out!
- ***Join my Facebook Group “Inside Out with Courtayne” TODAY!** So we can continue to grow together (great Scriptures, helpful articles, receive my weekly blog, encouragement for you, Freebies, events, etc.)
- And don’t forget to order my NEW 8-Week Bible Study Series, “IDENTIFIED: Knowing Who You Are in Christ & Moving Forward in Your Purpose.” It’s a GREAT way to grow in your walk personally or with a group! Order it from www.insideoutwithcourtayne.org TODAY!



Write the Vision for 2018

By Courtayne Richard

(Hope for Women Magazine)



Prepare yourself early for success!

Do you want to do things differently this year? Do you want to do better than last year? One more question. Do you want to see God move in greater ways in 2018? If so, then it's going to take more prayer and preparation. It's also going to take determination and motivation. In addition, it's going to take writing your vision down for 2018 *now*.

Again, start now! It's great to think or dream about change, making a difference in individual's lives, being successful, or going to new heights in the New Year, but without a clear vision and planning ahead, how can you truly see it happen? It's going to take action.

Think about it. Most of the businesses or ministries you see or hear about started with a vision. It didn't just rise from nowhere. Someone had a burden, passion, idea, or vision that he or she knew needed an action plan. Over time, the vision came to pass – through faith *and* action. The Bible confirms this very truth in James 2:17 stating, “So you see, faith by itself isn't enough. Unless it produces good deeds, it is dead and useless.” It's time to put your faith and vision into activation mode.

Here are a few practical ways of how you can get ready for 2018:

- Pray and ask the Lord to give you wisdom on what needs to be done in the New Year relating to your vision. Be still and know that He is God and trust His guidance through every pen stroke.
- Purchase a white poster board, grab a few colored markers, and prepare to be creative! Draw a big circle in the middle of the poster, with several lines (such as an outline), and

write 2018 right in the center (I've provided this for you above). From there, begin writing down what the vision entails. Let it flow. This could be quite fun, but even more productive.

- Sit quietly at your kitchen table or home office, close your eyes, and envision your business, ministry, or idea in full operation or gear. What do you see? Who do you see working to help you fulfill it all? Whatever you see behind your closed eyelids, open your eyes and write it down. Then repeat the exercise until you have it all written down. You'll be amazed at what you see when it's all right in front of you!
- Write your vision statement (you'll need this if you're planning on starting a business or non-profit organization anyway. Why not get a head-start).
- Journal it! Record the new things that you would like to do or try in 2018. This practical activity is not only about being proactive, but refreshing and therapeutic as well. Look at it in an even brighter way – it's a great way to look back to see your progress throughout the year and at the end of it.
- Order or purchase the book, "Visioneering: God's Blueprint for Developing and Maintaining Vision" by Andy Stanley. Great read and it's action-packed! ;-)

It's time to take action with your vision! Are you ready? Again, don't wait until you're already into the New Year. Instead, stay ahead of the game. Believe it, see it, write it, and get ready for success in 2018.

Courtneye Richard is a Christian writer, blogger, author of the new book, "IDENTIFIED: Knowing Who You Are in Christ & Moving Forward in Your Purpose," and speaker who loves writing and speaking to women to help them grow in their daily walk with the Lord. She's all about real life, real talk, and real faith! For more info, visit www.insideoutwithcourtneye.org. Also, be sure to "Like" her page on Facebook and follow her on Twitter and Instagram.

Thank You!

And I pray that this helps you!

Get Ready for 2018!!!

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TODAY!
(FREE Study Guide w/Download)

**Blogger, Author, & Speaker
Courtney Richard**

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with the Lord in 2018!**

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